PARENTS BAR/BAT MITZVAH BLESSING
(sh'h'ch'ya-noo)

Pages 1-4 you must have.
Pages 5-8 parents pick one.

בָּרוּךְ אַתָּה יְיָ
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
שֶׁהֶחֱיָנוּ וְקִיְּמָנוּ
וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

BA-RUCH AH-TAH A-DO-NUY,
EH-LO-HAY-NU ME-LECH HA-O-LUM,
SH'-H'-CH'-YA-NOO V-KEE-Y'-MA-NOO
V'-HI-GI-AH-NOO LAZ-MAN HA-ZEH.

Blessed art thou, O Lord our God, King of the Universe,
who has kept us in life, sustained us,
and enabled us to reach
the joyous occasion of our (Son's Bar-Mitzvah).

FOR THOSE RECEIVING AN ALIYAH

Before reading of the Torah section:

בָּרְכוּ אֶת יְיָ הַמְבֹרָךְ: **READER**

BARCHU ET ADONAI HAMVORACH

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וָעֶד: **CONGREGATION**

BARUCH ADONAI HAMVORACH L'OLAM VA-ED

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וָעֶד: **READER**

BARUCH ADONAI HAMVORACH L'OLAM VA-ED

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. אֲשֶׁר בָּחַר–בָּנוּ מִכָּל הָעַמִּים וְנָתַן–לָנוּ אֶת–תּוֹרָתוֹ. בָּרוּךְ אַתָּה יְיָ. נוֹתֵן הַתּוֹרָה **READER**

BARUCH ATTA ADONAI, ELOHAINU MELECH HA'OLAM, ASHER BACHAR BANU MIKOL HAMIM, V'NATAN LANU ET TORATO, BARUCH ATTA ADONAI NOTIAN HATORAH

After the Torah section has been read:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם. אֲשֶׁר נָתַן–לָנוּ תּוֹרַת אֱמֶת. וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ. בָּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה: **READER**

BARUCH ATTA ADONAI, ELOHAINU MELECH HA'OLAM, ASHER NATAN LANU TORAT EMET V'CHAYAI OLAM NATA B'TOCHAINU BARUCH ATTA ADONAI, NOTAIN HATORAH

PRAYER UPON RETURNING TORAH TO ARK

PRECIOUS TEACHING DO I GIVE YOU:

NEVER FORSAKE MY TORAH.

IT IS A TREE OF LIFE

FOR THOSE WHO GRASP IT,

AND ALL WHO UPHOLD IT ARE BLESSED.

ITS WAYS ARE PLEASANTNESS,

AND ITS PATHS ARE PEACE.

HELP US TURN TO YOU,

AND WE SHALL RETURN.

RENEW OUR LIVES AS IN DAYS OF OLD.

_____ SURROUNDED BY OUR FAMILY, FRIENDS, AND YOUR COMMUNITY,

WE SHARE THESE PRAYERS WE HAVE FOR YOU

MAY YOU HAVE THE ABILITY TO MAKE YOUR HOPES AND DREAMS COME TRUE

AND MAY YOU SEE YOUR VISIONS COME TO BE

MAY YOU BE BLESSED WITH PATIENCE AND UNDERSTANDING

WITH WISDOM AND COMPASSION, IN YOUR HEART AND DEEDS

MAY YOUR DEEDS SUPPORT JUSTICE AND RIGHTEOUSNESS

AND YOUR GOODNESS SERVE AS AN EXAMPLE TO THOSE AROUND YOU

MAY YOUR ENTHUSIASM FOR LEARNING CONTINUE THROUGHOUT YOUR LIFE

AND BRING YOU GREAT PERSONAL JOY AND FULFILLMENT

MAY YOUR JUDAISM NOT BE SOMETHING INHERITED, BUT SOMETHING TO BE DISCOVERED

BAR/BAT MITZVAH – PARENT PRAYER

Gratefully we thank You for the joyous privilege of seeing our son/daughter, _____ attain this milestone. On this day, cherished dreams and hopes are fulfilled. On this day, new dreams and new hopes are born.

We give thanks for the wondrous privilege of seeing our son/daughter, _____ Grow day by day, week by week, year by year. For the health and strength You have given him/her, for the mind and spirit with which You endowed him/her, for his/her ability to elicit and return love, for all these precious gifts, we thank You.

Watch over him/her, O God, on this special day and every day. Grant him/her a growing understanding of the true significance of this occasion and a deepening loyalty to everything, which it represents. May the teachings of our heritage guide him/her throughout life; and may he/she lead a life worthy of Your blessing.

Amen

BAT MITZVAH – PARENTS PRAYER

MAY YOU SEE YOUR WORLD CREATED IN YOUR LIFETIME

MAY YOU SEE YOUR VISIONS COME TO BE

MAY YOUR HOPE TOUCH EVERY GENERATION TO COME

THESE ARE THE PRAYERS WE HAVE FOR YOU.

MAY YOU BE BLESSED WITH UNDERSTANDING

WITH WISDOM AND COMPASSION IN YOUR HEART

MAY YOUR TONGUE BE FILLED WITH SONG

AND YOUR LIPS SING OUT FOR JUSTICE

MAY YOUR EYES SHINE WITH THE LIGHT OF TORAH

AND YOUR FACE BE RADIANT AS THE BRIGHTNESS OF THE SKY

MAY YOUR LIPS SPEAK WORDS OF WISDOM

AND MAY THE WORLD YOU LIVE IN BE THE WORLD OF YOR DREAMS.

BAT MITZVAH – PARENTS PRAYER

THERE WAS A TIME WHEN WOMEN WERE TOLD WHAT THEY COULD NOT BE. THEN THERE CAME A TIME WHEN WOMEN WERE TOLD WHAT THEY NEEDED TO BE, IF THEY WANTED SUCCESS. BUT I WANT YOU TO KNOW: THERE IS NOTHING AS A WOMAN YOU CANNOT BE, AND THERE ARE TWO THINGS YOU NEED TO BE –TRUE TO YOURSELF AND RESPONSIBLE AND RESPONSIBLE TO YOUR COMMUNITY.

WHAT I WISH FOR MY DAUGHTER, I WISH FOR ALL OUR CHILDREN. I WISH FOR YOU TO BE A PERSON OF CHARACTER
STRONG BUT NOT TOUGH
GENTLE BUT NOT WEAK.

I WISH FOR YOU TO BE RIGHTEOUS BUT NOT SELF-RIGHTEOUS
HONEST BUT NOT UNFORGIVING.

WHEREVER YOU JOURNEY, MAY YOUR STEPS BE FIRM
AND MAY YOU WALK IN JUST PATHS
AND NOT BE AFRAID.

WHENEVER YOU SPEAK, MAY YOUR WORDS BE WORDS OF WISDOM AND FRIENDSHIP.

MAY YOUR HANDS BUILD AND YOUR HEART PRESERVE WHAT IS GOOD AND BEAUTIFUL IN OUR WORLD.

MAY THE VOICES OF THE GENERATION OF OUR PEOPLE MOVE THROUGH YOU AND MAY THE GOD OF OUR ANCESTORS BE YOUR GOD AS WELL.

MAY YOU KNOW THAT THERE IS A PEOPLE, A RICH HERITAGE, TO WHICH YOU BELONG AND FROM THAT SACRED PLACE YOU ARE CONNECTED TO ALL WHO DWELL ON THE EARTH.

MAY THE STORIES OF OUR PEOPLE BE UPON YOUR HEART AND THE GRACE OF THE TORAH RHYTHM DANCE IN YOUR SOUL.

GRATEFULLY WE THANK YOU FOR ALL THE JOYOUS PRIVILEGE OF SEEING OUR DAUGHTER ATTAIN THIS MILESTONE.

ON THIS DAY CHERISHED DREAMS AND HOPES ARE FULFILLED.

ON THIS DAY NEW DREAMS AND NEW HOPES ARE BORN.

WE PRAY THAT YOU'RE PROTECTING AND LOVING CARE WILL ACCOMPANY HER.

WHEREVER SHE GOES AND IN ALL THAT SHE DOES, HELP HER TO BECOME ALL THAT SHE IS CAPABLE OF BEING.

GIVE HER STRENGTH TO DO ALL THE GOOD THINGS THAT ARE WITHIN HER REACH.

KEEP HER LOYAL TO THE BEST THAT SHE HAS BEEN SHOWN, AND TO THE NOBLEST JEWISH TEACHINGS SHE HAS BEEN TAUGHT.

MAY HER DEEDS FIND FAVOR IN THE EYES OF HER FELLOWMEN AND BE WORTHY OF YOUR BLESSINGS.

AMEN